

# Isle of Wight Optical Society

- IWOS is a loose association of about 24 Optom's and 12 DO's and any other optical professionals on the IoW.
- We have a private Yahoo egroup, and a public website at [www.iwos.org.uk](http://www.iwos.org.uk)
- The main activity is providing and promoting CET registered with the GOC.
- IWOS also provides a networking environment to mitigate professional isolation and enhance communication between optical professionals.
- The Yahoo egroup is a calendar, on-line filing cabinet and email distribution system.
- What follows are images of web pages and other IWOS material



11<sup>th</sup> June 2013

# IW Optical Society – Web Site Images

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## Isle of Wight Optical Society

Providing a professional, educational, social and cultural environment for the development of optical services within the Isle of Wight community. IWOS provides at least two approved training sessions a year plus links to other optical training activity. It has a Yahoo forum, bulletin board and email service.  
[www.iwos.org.uk](http://www.iwos.org.uk)

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### IWOS Home

Posted on [13 June 2012](#)

On the Isle of Wight we have a population of about 140,000 (many more in Summer) whose optometric needs are served by about 25 optometrists and 10 dispensing opticians working in about a dozen practices, the [Eye Department](#) at St Mary's Hospital, Newport and a small number of optical workshops. This is an overview of optometry on the IW and a link through to the resource site for professionally involved personnel.

[IWOS Yahoo Group:](#)

[IWOS presentation \(4Mb\):](#)

**Tip:** click function button **F11** to view this site in full screen mode

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This site uses Google Analytics which stores cookies to monitor your visit on our site.

Posted in [Uncategorized](#) | [1 Comment](#) | [Edit](#)

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Theme: [Twenty Ten](#) [Blog at WordPress.com.](#)

IWOS was formed about 20 years ago to bring together all optical professionals on the Isle of Wight

# Text of OT article 12 May 2013

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### History

#### The Isle of Wight Optical Society

The Isle of Wight Optical Society has been addressing professional isolation for more than 20 years among a group of mainly rural and geographically isolated practitioners.



Isle of Wight Optical Society  
Registered CET Provider

About 20 years ago we had a Local Optical Committee here on the Isle of Wight which comprised nearly all our optometrists and dispensing opticians, and our secretary was a much loved dispenser. The Government's changes to the professional status of Dispensing Opticians however resulted in their removal from LOC's. We therefore formed the IW Optical Society (IWOS) intending to embrace everyone with a professional interest in matters optical. This then enabled a continuation of the professional peer relationship function. We had seminars, peer discussion, hospital lectures and for a few years even a Christmas "Eye-Ball" party. So we were well placed to combat professional and rural isolation.

Our LOC was integrated with Portsmouth, and subsequently became Hampshire and the Isle of Wight LOC. Not so very local any more and an extra ferry trip for our stalwart representatives. Fortunately we still had IWOS.

This left IWOS as the sole vehicle for providing educational events and combating professional isolation. Statutory CET came along and IWOS was well placed to facilitate and administer this. IWOS (with the help of a local hospital administrator) duly enrolled as a provider and since 2005 has registered 27 CET events. This year we have already had a lecture and a Peer Review with a further Peer Review and sponsored Hospital lecture evening planned. We are off to a good start.

IWOS comprises about 25 OO's and several DO's more of whom we are encouraging to join. Our next Peer Review is planned for May but due to demand it will be restricted to IW practising members.

IWOS is kept together by its own website <http://www.iwos.org.uk> linking through to a Yahoo email group where group notices can be sent out and email discussions carried on. We used to do flyers and mail shots but it is now all electronic as everyone is on line and nearly everyone is in the Yahoo egroup.

With the de-personalisation of LOC's and the need for combating professional isolation we find that the local organisation we have in IWOS functions very well. It would be helpful to know of more local social/educational/professional organisations like IWOS. We feel this complements at a local level the superb way the AOP looks after us nationally.

**Roger Skidmore, MSc, DCLP, FCOptom.**

Roger can be contacted on the Isle of Wight at [rogerskid@supanet.com](mailto:rogerskid@supanet.com) or ☎ 01983 822900

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Theme: Twenty Ten © Blog at WordPress.com.

This was our attempt to give publicity to IWOS.

IWOS seems to work so well it seemed a good idea to pass the concept on.

Not a huge feedback, though.

# IWOS Peer Reviews

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### CET

IWOS has an active programme of Continuing Education and Training.  
A guide to new CET started 2013...

[BCOO guide to Peer Review](#)  
[GOC guide to Peer Review](#)  
[GOC CET management login page](#)

and useful CET links:

[DOCET and QQ](#)  
[Optometry in Practice](#)  
[OTCET login page](#)



Peer Review



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We've been doing this for years.

The GOC is just catching up.

# Summary of CET

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Peer Review



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




A lot of this website is just to provide quick links to other optical sites – find out more about Peer Review by clicking on the links.

Find out even more by trying it for yourself.

# IWOS CET booked so far

Table of Isle of Wight Optical CET interactive events held during the 2013-2015 three year CET cycle.  
Some activities occur twice, but only the first date is listed.

Some posters are the same for multiple sessions. Close window to go back to [www.iwos.org.uk](http://www.iwos.org.uk)

CET Title	CET Number	Modality	Poster Download	Points	GOC Status	CET_Date
One-to-One Hospital Skills Workshop	C-31592	Workshop one-to-one arranged on individual basis	<a href="#">Click Here</a> 	3	approved	
One-to-One Optometry Skills Workshop	C-32320	Workshop one-to-one arranged on individual basis	<a href="#">Click Here</a> 	3	approved	
Peer Review (postponed from 2012)	C-19098	Peer Review	<a href="#">Click Here</a> 	2	approved	28/02/2013
Professional Awareness	C-20066	Lecture	<a href="#">Click Here</a> 	1	approved	28/02/2013
May Peer Review 2013b	C-31193	Peer Review	<a href="#">Click Here</a> 	3	approved	23/05/2013
A Broader Professional Responsibility	C-32030	Presentation/Lecture	<a href="#">Click Here</a> 	0	rejected	30/05/2013
Q&A Panel	C-31663	Lecture based on prepared issues	<a href="#">Click Here</a> 	1	approved	10/10/2013
Stroke Symptoms and Deceptive Squints	C-32088	Lecture	<a href="#">Click Here</a> 	1	approved	10/10/2013
IW Blind Society (1)	C-31793	Lecture	<a href="#">Click Here</a> 	1	approved	27/02/2014


Find this on the [www.iwos.org.uk](http://www.iwos.org.uk) website. Keep score here - and click on the link to download the poster. Posters are a good way of packaging all the CET numbers and dates. We no longer actually print them out.

# Historical IWOS CET

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### CET up to 2012

IWOS Continuing Education and Training (CET) activity – note “date created” is not the actual date of the event... CET is registered with the General Optical Council and is required for continuing registration.


UNIQUE ID	DATE CREATED	CET NAME
C-19098/O	05-May-2012	Autumn Review 2012
C-18445/O	23-Feb-2012	Pachymetry Practice
C-18444/O	04-Feb-2012	Taking a Wider View
C-17014/O	25-Aug-2011	RP Update 2011
C-16776/O	17-Jul-2011	Autumn Review
C-16271/O	29-Mar-2011	Oculoplastic Surgery Update
C-16270/O	29-Mar-2011	Guide to Vitreo-Retinal Surgery
C-16216/O	22-Mar-2011	The Macular Service
C-13071/O	04-Feb-2010	Spring Review
C-10715/O	23-Jan-2009	Ophthalmology AMD Update

UNIQUE ID	DATE CREATED	CET NAME
C-13050	12-Jan-2010	Spring Review
C-7794	27-Oct-2007	Peer Review Nov 2007
C-7527/O	18-Sep-2007	Wet AMD Fast-track System
C-6946/O D	12-Jun-2007	Defensive Practice
C-6834/O D	24-May-2007	Safeguarding the Child
C-5189/O D	30-Oct-2006	LVA Training Evening
C-4545/O	08-Aug-2006	Optometric Health and Hygiene
C-4544	08-Aug-2006	Library Services
C-4195/O	05-Jun-2006	Peer Review Autumn 2006
C-4194	05-Jun-2006	Infection Control and Library Services
C-4193/O	05-Jun-2006	Orthoptics for Optometrists
C-2793/O D CL	29-Nov-2005	Isle of Wight Opticians Peer Review Meeting
C-2599/O D CL	24-Oct-2005	1) Recent Developments in the Department, 2) Referral Protocols and Guidelines 3) Issues arising
C-2598/O D CL	24-Oct-2005	Hope or Hype - What works in refractive surgery
C-2304	27-Sep-2005	1) Recent Developments in the Department, 2) Referral Protocols and Guidelines and 3) Issues arising
C-2303	27-Sep-2005	Corneal and Refractive Surgery - Recent Developments
C-2238/O D CL	20-Sep-2005	Isle of Wight Opticians Peer Review Meeting



CET on the Island is a fun and social way of keeping up to date. Each optometrist should have a certificate of attendance (but maybe not the academic cap).



Registered CET Provider  
General Optical Council

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There should be about 27 events listed here. We've been doing this for ages, but unfortunately never kept all the old posters.

The GOC site is a good way of keeping track.

Theme: Twenty Ten (10) Blog at WordPress.com.

# Useful information...

Some useful links...

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### Directories

Directory listing of Island Opticians – some hugely out of date!

[Local Life](#)

[Hampshire and Isle of Wight](#) (PDF file)

[My Local Optician](#) – rate your optician!

[NHS Choices](#) – search result for PO30 – 5 miles radius

[NHS UK list](#)

[What Clinic?](#)

[Yell.com](#)



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# Enquiry form

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### Enquiry

Your name please (required)

Your email address (required)

IWOS Yahoo Group Member (Yes or No)? (required)

Your Website (if any)

Submit Comment, etc. here (required)



Submit your enquiry here. We will hope to get back to you within 24 hrs.

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This enquiry form will send an email to IWOS.

This site was created in WordPress.com which has a number of useful gizmos.

# Useful recycling information

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### Recycle

Where to recycle your glasses? Almost all opticians have a recycling scheme so please take any unwanted old glasses to your own optician for collection. But do make sure you keep at least one spare pair for yourself. Here are some contacts for handling international recycling:

[Vision Aid Overseas](#)

[Lions Club](#)

[Recycle This](#)



Vision Aid Overseas does much more than collect old glasses. Every year many opticians go abroad to work in third world countries examining patients' eyes, prescribing and supplying glasses. Often a pair of spectacles is all that is needed to restore sight or enable employment to continue.

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Ever conscious of the third world and the environment.

# Useful Links

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### Useful Links

[AAO](#) American Academy of Optometry  
[AOP](#) Association of Optometrists  
[AOP](#) Councilors  
[Avon LOC](#) Avon LOC  
[B&L Academy](#) B&L Academy CET Wesbite  
[BCOO](#) College of Optometrists  
[BCOO CPD](#) College of Optometrists CPD site  
[BibOnline](#) BiB Online sales and products (incl. second hand)  
[CET Optics](#) GOC CET site  
[CIBA Vision](#) CIBA Vision  
[DOCET CET](#) DOCET training site  
[GOC](#) GOC main site  
[IWOS Yahoo](#) IoW Optical Society  
[J&J CET](#) Johnson and Johnson CET site  
[LOC Hampshire](#) LOC Hampshire  
[LOC Stockport](#) LOC Stockport – amazing resource  
[LOCSU](#) LOC support unit  
[My Local Optician](#) My Local Optician  
[OIP](#) Optometry in Practice CET magazine  
[Optician Magazine](#) Optician magazine  
[Optical Marketplace](#) Second Hand Sales etc.  
[OTCET](#) AOP CET site  
[Primary Health Net](#) Primary Health Net – optometry  
[Replay Learning Survey](#) CET Survey Results  
[SpeeDee Software](#) useful free software  
[theOptom.com](#) U.K. Optometry Forum



Useful Links – Go Explore!



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Theme: Twenty Ten  Blog at WordPress.com.

This page is most useful as a Clapham Junction of useful information.

# IWOS Optician Web Sites

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Trying to link as many IW optical web sites as possible...

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### Web Sites

To add or amend your website here submit enquiry on "[Enquiry](#)" page.

[Hazel Smith, Shanklin](#)

[Jacqueline Lamb Opticians](#)

[Rutherford Eye Care](#)

[Specsavers, Newport](#)

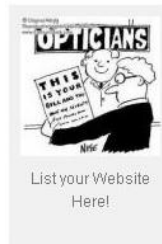
[Specsavers, Ryde](#)

[Vision Express, Newport](#)

[Vision Express, Ryde](#)

[Wight Sight](#)

Simon Barnard is not an Island Optometrist but I always like his [website](#).

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# A few xtras

Two links here – one is to Pritti Patel’s presentation given to IWOS on 30<sup>th</sup> May 2013 (and this will play the whole presentation), ...the other is about hospital car parking congestion which has recently been relieved at least in part as a result of pressure from an IWOS member.

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### Xtras

View Pritti Patel’s **Vision Aid Overseas** presentation from the IWOS CET evening on 30/5/2013 [here](#). This is a 6Mb download so may take a few seconds. Requires either MS Powerpoint or Open Office Impress.

Visit the site concerned with hospital car parking at: [“Hospital Car Parking”](#). As of March 2013 a small car park extension has been created next to the tennis court off the North car park. We believe several other adjustments have been made to add a few more spaces.

Click for VAO presentation

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Theme: Twenty Ten Blog at WordPress.com.

# Links to Yahoo group pages


A page of quick-links to Yahoo group pages.

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### Yahoo site for IWOS

For IWOS Yahoo resource site:



[YAHOO! GROUPS](#)

IWOS Yahoo site is a comprehensive resource site for files, images, useful links and group email facilities. Sign up by clicking on above link or [here](#) – need to set up Yahoo ID for full access. Yahoo links won't work unless you are signed in!

[Post](#) post a message


[Photo Albums](#) view and edit photo albums of clinical appearances, etc.


[Files](#) consult documents and download clinical forms

[Calendar](#) Calendar of forthcoming meetings and CET events

[Members](#) list of Yahoo subscribed IWOS members

and finally... eyeball jokes:






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Theme: [Twenty Ten](#)  Blog at WordPress.com.

# Yahoo Links

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[Members' List](#)  
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[Photo Albums](#)  
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Main Yahoo Website



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Another page of quick-links to Yahoo group pages.

# Yahoo Home Page

IWOS-subscribe@yahoogroups.com

**YAHOO! GROUPS**

roger\_skidmore · rogerskid@supanet.com | Group Owner · [Edit Membership](#) Start a Group | My Groups | Find a Yahoo! Group

**IWOS - IW Optical Society**

**Home**

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Promote

Invite

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Management

**Home**

Activity within 7 days: 1 New Message - 1 New File

**Description** (Edit)

**Providing a professional, educational, social and cultural environment for the development of optical services within the Isle of Wight community.**

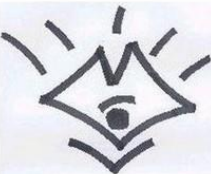
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**See left hand box for site info.**

You can link to this site again through [www.iwos.org.uk](http://www.iwos.org.uk).  
You can find other LOC sites at [www.loc-net.org.uk](http://www.loc-net.org.uk).  
For everything you ever need to know Optical Favorites.  
For help see Tutor  
Useful files uploaded for reference

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For clinical incident reporting get forms from  
Forms to Download and submit to IW Optometric C/Gov Lead  
(*anonymously if you wish*). A condensed unattributed summary will then be posted here for discussion and results submitted to PCT C/Gov Lead for inclusion in PCT statistics and CG Newsletter.



**Isle of Wight  
Optical Society**

Registered CET Provider

**Group Email Addresses**

**Related Link:**  
<http://www.loc-net.org.uk/locsu/index.html>

**Post message:**  
[IWOS@yahoogroups.com](mailto:IWOS@yahoogroups.com)

**Subscribe:**  
[IWOS-subscribe@yahoogroups.com](mailto:IWOS-subscribe@yahoogroups.com)

**Unsubscribe:**  
[IWOS-unsubscribe@yahoogroups.com](mailto:IWOS-unsubscribe@yahoogroups.com)

**List owner:**  
[IWOS-owner@yahoogroups.com](mailto:IWOS-owner@yahoogroups.com)

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<http://aypsite.com/books.html> - 2,000 Posts Covering a Wide Range of Yoga and Spiritual Practices.

[Need A Quick House Sale?](#)  
[www.ukinvestorpanel.com](http://www.ukinvestorpanel.com) - Quick House Sale Needed? Receive Your Offer Today. No Fees.

[Jobs Dubai](#)  
<http://www.trackthejob.com> - 5 urgent positions left. Apply now!

**The Yahoo! Groups Product Blog**  
[Check it out!](#)

---

**Info** [Settings](#)

**Group Information**

Members: 34  
Category: Health Care  
Founded: Jan 16, 2004  
Language: English

---

**Yahoo! Groups Tips**

**Did you know...**  
Learn, share, and take your group to new heights with Moderator Central. Check it out.

**Messages** **Topics** Search:   [Advanced](#) [Start Topic](#)

**Most Recent Messages** (View All)

<b>One-to-One attendance - must be "prospective"</b> One-to-One clinic attendance for 3 interactive CET brownie points has to be registered in advance (see "Instructions" on form). I can only upload an Posted - Tue Apr 23, 2013 11:40 am	Roger Skidmore <a href="#">roger_skidmore</a> <input type="button" value="Send Email"/>
<b>One-to-One Hospital Interactive Skills Workshop</b> This email is sent to all Yahoo IWOS members as BCC (not just Steve!) C-31592 "One-to-One Hospital Interactive Skills Workshop" Expires 05/04/2014 3 Posted - Tue Apr 16, 2013 2:59 pm	Roger Skidmore <a href="#">roger_skidmore</a> <input type="button" value="Send Email"/>
<b>New file uploaded to IWOS</b> Hello, This email message is a notification to let you know that a file has been uploaded to the Files area of the IWOS group. File : Posted - Tue Apr 16, 2013 2:44 pm	IWOS@yahoogroups.com <input type="button" value="Send Email"/>
<b>Re: [Check recipient when replying] Re: IWOS May Peer Review C-31193</b> Hello Roger I would also like to join in the May Peer Review on the 30th Elaine Spear On Sun, Mar 31, 2013 at 10:03 PM, rachel.carson@gmail.com < Posted - Mon Apr 1, 2013 12:36 pm	Elaine Spear <a href="#">elainespear1</a> <input type="button" value="Send Email"/>

Yahoo IWOS egroup home page (private).

You can join by sending a request to above address, or send a request via the IWOS enquire page.



# Yahoo folders

The screenshot shows a Yahoo! Groups interface for the group 'IWOS - IW Optical Society'. The page features a navigation menu on the left, a search bar at the top, and a main content area displaying a list of folders. The folders are organized into a tree structure, with some folders expanded to show their contents. The folders listed are:

- CLICK ONCE ON ANY FOLDER BELOW
- ACTIVITY REPORTS TO PCT
- CATARACT CHOICE 2005
- CET\_Activity\_2013-2015  
CET forms, posters, certificates etc.
- CLINICAL GOVERNANCE
- EYE CARE FORUM MINUTES
- FORMS TO DOWNLOAD
- internal  
Files used in this website
- IW OPTICAL SOCIETY
- LOCAL OPTICAL COMMITTEE
- MISCELLANEOUS
- PEER REVIEWS

The table below summarizes the folder information shown in the screenshot:

Name	Size	Creator	Created	Actions
- CLICK ONCE ON ANY FOLDER BELOW		roger_skidmore	Oct 1, 2004	Edit Delete Cut
ACTIVITY REPORTS TO PCT		roger_skidmore	Oct 14, 2004	Edit Delete Cut
CATARACT CHOICE 2005		roger_skidmore	Dec 24, 2004	Edit Delete Cut
CET_Activity_2013-2015 CET forms, posters, certificates etc.		roger_skidmore	Apr 16, 2013	Edit Delete Cut
CLINICAL GOVERNANCE		roger_skidmore	Oct 1, 2004	Edit Delete Cut
EYE CARE FORUM MINUTES		roger_skidmore	Oct 16, 2011	Edit Delete Cut
FORMS TO DOWNLOAD		roger_skidmore	Oct 1, 2004	Edit Delete Cut
internal Files used in this website		roger_skidmore	Feb 26, 2004	Edit Delete Cut
IW OPTICAL SOCIETY		roger_skidmore	Oct 1, 2004	Edit Delete Cut
LOCAL OPTICAL COMMITTEE		roger_skidmore	Oct 1, 2004	Edit Delete Cut
MISCELLANEOUS		roger_skidmore	Oct 1, 2004	Edit Delete Cut
PEER REVIEWS		roger_skidmore	Apr 21, 2006	Edit Delete Cut

Yahoo e-group allows a set of folders just like a filing cabinet.

These contain minutes of meetings, forms, reports and various documents.

Uploading a document can be notified to all members.

# Yahoo photo albums

YAHOO! GROUPS

Search

Adobe Digital Marketing Committee  
Right Media  
ScoreCard Research Beacon

roger\_skidmore · rogerskid@supanet.com | Group Owner - Edit Membership

Start a Group | My Groups

IWOS · IW Optical Society

- Home
- Messages
  - Spam? [Delete]
  - Post
- Attachments
- Files
- Photos
- Links
- Database
- Polls
- Members
  - Pending
- Calendar
- Promote
- Invite
- Management

Info Settings

**Group Information**  
Members: 34  
Category: Health Care  
Founded: Jan 16, 2004  
Language: English

## Photos

Photos Help

Add Photo | Create Album

Sort: Album Name | Creator | Last Modified  
1 - 4 of 4 First | < Previous | Next > | Last

View: Thumbnail | List | View All Photos

Edit Delete

### Photo Albums

Click on an album to view its contents.

Check All | Clear All



**Clinical**  
By: roger\_skidmore  
Number of Photos: 1  
Last Modified: May 2, 2006



**Yahoo! Photo Album**  
By: roger\_skidmore  
Number of Photos: 3  
Last Modified: Mar 27, 2005



**Miscellaneous**  
By: --  
Number of Photos: 1  
Last Modified: Sep 27, 2004



**Sample Album**  
By: roger\_skidmore  
Number of Photos: 3  
Last Modified: Feb 25, 2004

Check All | Clear All

Edit Delete

View: Thumbnail | List | View All Photos

1 - 4 of 4 First | < Previous | Next > | Last

Add Photo | Create Album

0% of 100GB

Photo albums, pictures of clinical interest, anything you want to share.

# Yahoo IWOS calendar

The screenshot displays the Yahoo! Groups interface for the IWOS (IW Optical Society) group. The main content area shows a calendar for May 2013. Two events are listed: "7:00PM IWOS Peer Review Session #1" on May 23 and "7:00PM IWOS Peer Review Session #2" on May 30. The interface includes a navigation menu on the left, a search bar at the top, and a sidebar with "All ToDos" showing "IWOS (0)".

**Navigation Menu:** Home, Messages, Pending, Spam? [Delete], Post, Attachments, Files, Photos, Links, Database, Polls, Members, Pending, Calendar, Promote, Invite, Management.

**Group Information:** Members: 34, Category: Health Care, Founded: Jan 16, 2004, Language: English.


**Yahoo! Groups Tips:** Did you know... Hear how Yahoo! Groups has changed the lives of others. Take me there.

**Sponsor Results:** Meal Planning Tool (www.merckengage.com), B.S. in Health Psychology (www.Bastyr.edu), Dating Asian Women (www.Asiamatchonline.com).

And a calendar of forthcoming events with reminder system...

# First IWOS event 2013

**IW Optical Society** [www.iwos.org.uk](http://www.iwos.org.uk)  
representing the Optometric Profession on the Isle of Wight  
CHAIRMAN: Roger Skidmore, 47 Quay Street, NEWPORT, IW, PO30 5BA. Tel: 01983 822900  
SECRETARY: Hazel Smith, Ambion House, VENTNOR, IW, PO38 1XW. Tel: 01983 854384  
TREASURER: Tim Kidd, 40 High Street, NEWPORT, IW, PO30 1SE. Tel: 01983 821280  
[rogerskid@supanet.com](mailto:rogerskid@supanet.com) [hazelm@aol.com](mailto:hazelm@aol.com)





Isle of Wight  
Optical Society


**New Style CET!**

**IWOS Training Evening 2013a**  
Thursday 28th February 2013 6.45 for 7.00pm  
47 Quay Street, Newport, IW, PO30 5BA

Curry and Rice provided - £5 donation to IWOS  
R.S.V.P. Roger Skidmore 822900 or [rogerskid@supanet.com](mailto:rogerskid@supanet.com)

<p><b>Professional Awareness "New Cycle of CET"</b></p> <p>Nicola Moss, Optometric Adviser 1 interactive CET point C-20066</p>	 <p>Professional Conduct</p>
<p><b>Peer Review (postponed from 2012)</b></p> <p>facilitated by Tim Kidd and Steve Rowley 2 interactive CET points C-19098 <i>Please bring at least one researched anonymised clinical record for discussion</i></p>	 <p>Ocular Disease</p>

Thursday 23rd May Optom and DO Peer Event "Unusual Dispensing Issues"  
3 interactive CET points  
Thursday 10th Oct ... Novartis sponsored but no lectures assigned yet



General Optical Council

We used to do posters, print them out and distribute them. Now we are much more modern and do posters and email them.

The posters look a bit congested but it is very useful to record all the CET and event numbers, etc.

# May IWOS event

**IW Optical Society** [www.iwos.org.uk](http://www.iwos.org.uk)

representing the Optical Profession on the Isle of Wight  
CHAIRMAN: Roger Skidmore, 47 Quay Street, NEWPORT, IW, PO30 5BA. Tel: 01983 822900  
SECRETARY: Hazel Smith, Ambition House, VENTNOR, IW, PO38 1XW. Tel: 01983 854384  
TREASURER: Tim Kidd, 40 High Street, NEWPORT, IW, PO30 1SE. Tel: 01983 821280

[rogerskid@supanet.com](mailto:rogerskid@supanet.com) [hazelsm@aol.com](mailto:hazelsm@aol.com)



Isle of Wight  
Optical Society

## May Peer Review 2013b

Thursdays, 23rd and 30th May, 2013 7.00pm  
47 Quay Street, Newport, IW, PO30 5BA

Buffet meal provided. £5 donation to IWOS funds  
Register with Roger Skidmore 822900 or [rogerskid@supanet.com](mailto:rogerskid@supanet.com)  
Please bring at least one researched, anonymised record with you.

## A Broader Professional Responsibility

Thursday, 30th May only, 2013 7.00pm (arrive 6.30pm)  
47 Quay Street, Newport, IW, PO30 5BA

Pritti Patel gives a talk on her work with Vision Aid Overseas. Pritti has worked in Uganda, Zambia and Ethiopia and raised funds for VAO on the IW.  
CET C-32030 1 point applied for



Vision Aid Overseas

## Peer Review - "Unusual Dispensing Issues"

led (23rd) by Ebrahim Jeewa, and Michael Hartigan  
and (30th) by Ross Doig, and Turgay Hassan-Hicks  
3 Interactive CET points C-31193

May 23rd - S-10231/EV-11981; May 30th - S-10754/EV-11982



Communication



Professional  
Conduct



Optical  
Appliances

Optometric Competencies



Communication



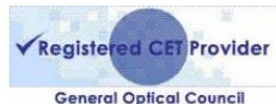
Professional  
Conduct



Optical  
Appliances

Dispensing Competencies

**Advance Notice:**  
Ophthalmology Update  
Thursday 10th October 2013  
St Mary's Education Centre



Starting to develop a pattern – Peer Reviews at end of February and end of May; lectures at the St. Mary's Education Centre in October.

All avoiding half-term, of course.

CET C-32030 about VAO was unfortunately not awarded accreditation – outside the GOC remit.

# October 2013 event

**IW Optical Society** [www.iwos.org.uk](http://www.iwos.org.uk)

representing the Optometric Profession on the Isle of Wight

CHAIRMAN: Roger Skidmore, 47 Quay Street, NEWPORT, IW, PO30 5BA. Tel: 01983 822900

SECRETARY: Hazel Smith, Ambion House, VENTNOR, IW, PO38 1XW. Tel: 01983 854384

TREASURER: Tim Kidd, 40 High Street, NEWPORT, IW, PO30 1SE. Tel: 01983 821280

[rogerskid@supanet.com](mailto:rogerskid@supanet.com) [hazelsm@aol.com](mailto:hazelsm@aol.com)



Isle of Wight  
Optical Society

## Ophthalmology Update 2013c

2 Interactive CET points - Session S-10232

7.00pm Thursday 10th October 2013

Education Centre, St Mary's Hospital, IW, PO30 5TG

Sarah Finch and Clare Carney  
Stroke Symptoms and Deceptive Squints  
C-32088 EV-12969



Binoocular  
Vision

Javeed Khan - Q&A Panel C-31663 EV-12339



Ocular  
Disease



Ocular  
Examination

Note: Ross Doig IW Blind Society C-31793  
lecture has been carried forward to 2014

Light meal provided. £5 donation to IWOS

Register with: Roger Skidmore 822900 or [rogerskid@supanet.com](mailto:rogerskid@supanet.com)

IWOS has made available 14 Interactive CET points in  
2013 - we hope to do the same in 2014



Two lectures here, hospital based.

We try to have a meal/networking session with every event.

Helps prevent professional isolation.

Dates for 2014:

Feb 27<sup>th</sup> and March 6<sup>th</sup>

May 15<sup>th</sup> and 22<sup>nd</sup>

October 9<sup>th</sup> tbc

(LOC AGM Tue 10<sup>th</sup> June  
2014 Chilworth Manor)

# One-to-One Workshops

## IW Optical Society [www.iwos.org.uk](http://www.iwos.org.uk)

representing the Optical Profession on the Isle of Wight

CHAIRMAN: Roger Skidmore, 47 Quay Street, NEWPORT, IW, PO30 5BA. Tel: 01983 822900

SECRETARY: Hazel Smith, Ambion House, VENTNOR, IW, PO38 1XW. Tel: 01983 854384

TREASURER: Tim Kidd, 40 High Street, NEWPORT, IW, PO30 1SE. Tel: 01983 821280

[rogerskidd@supanet.com](mailto:rogerskidd@supanet.com) [hazelsm@iol.com](mailto:hazelsm@iol.com)

### One-to-One Hospital Skills Workshop

CET C-31592 3 interactive points

- 1 Download and print out this form
- 2 Phone 01983 552066, request a clinic (see over) & confirm a date
- 3 **Notify IWOS of this arrangement to get a Session/EV number**
- 4 **Enter Session No: ..... EV No: .....**
- 5 Attend the clinic (use the back of this form to make notes for your reflection statement)
- 6 Get the form signed/confirmed
- 7 Photocopy or scan (both sides) and return to IWOS
- 8 Wait a few days then collect your 3 interactive CET points.

#### ***This is to confirm that on***

Date .....

Optometrist .....

GOC No: .....

attended the .....

clinic of consultant .....

for two hours and observed the examination of a number of hospital eye department patients.

This was conducted with the permission of these patients.

The consultant agrees here that the participant has fully engaged in this learning activity and has expanded his/her knowledge of ocular disease and examination and has facilitated communication between the optometric profession and the St Mary's (IW) Hospital Eye Department.

Signed ..... Qual .....

Date ..... St Mary's, Newport, IW, PO30 5TG



Isle of Wight  
Optical Society

✓ Registered CET Provider



Generic hospital email address: [firstname.lastname@iow.nhs.uk](mailto:firstname.lastname@iow.nhs.uk) GOC: <https://www.optical.org/en/login/index.cfm>

A new concept in CET is the one-to-one workshop.

An optometrist sits in as student and discusses cases confidentially with a hospital consultant.

This is a promising pilot project but has to be “booked” in advance in order to qualify for three points.

# One-to-One Workshops

## IW Optical Society [www.iwos.org.uk](http://www.iwos.org.uk)

representing the Optical Profession on the Isle of Wight  
 CHAIRMAN: Roger Skidmore, 47 Quay Street, NEWPORT, IW, PO30 5BA. Tel: 01983 822900  
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[rogerskid@supanet.com](mailto:rogerskid@supanet.com) [hazelsm@aol.com](mailto:hazelsm@aol.com)

### One-to-One Optometry Skills Workshop

CET C-32320 - 3 interactive points  
**Mutual Interactive Learning**

- 1 Download and print out this form
- 2 Phone an optician, request a general clinic & confirm a date
- 3 **Notify IWOS of this arrangement to get a Session/EV number**
- 4 **Enter Session No: ..... EV No: .....**
- 5 Attend the clinic for minimum 2 hours (use the back of this form to make notes for your reflection statement)
- 6 Get the form signed/confirmed
- 7 Photocopy or scan (both sides) and return to IWOS
- 8 Wait a few days then collect your 3 interactive CET points.

#### ***This is to confirm that on***

Date .....

client optometrist ..... GOC No: .....

attended the refraction clinic

of host optometrist\* ..... GOC No: .....

for two hours and observed and discussed the examination of a number of patients.

This was conducted with the permission of these patients.

The host optometrist agrees here that the participant has fully engaged in this learning activity and has expanded his/her knowledge of optometry as per competencies listed and has facilitated communication within the optical profession.

Signed (host optometrist\*) .....

Qualifications ..... Date .....

\* must be different premises and different practice



Isle of Wight  
 Optical Society  
 ✓ Registered CET Provider



Sitting in with a colleague earned high praise from the GOC approver as it optimally targets the concept of peer learning.

It also mitigates professional isolation as it brings together optometrists to discuss and learn skills and techniques.

Problems posed in the latest on-line interactive DOCET module C-32320 may also benefit from this workshop.



# Hampshire LOC Home Page

## Hampshire Local Optical Committee



- Home
- What's New?
- What we do
- Committee
- CET Events
- Community Eye care schemes
- Clinical Governance
- Contractor/Performer Admin
- Post payment verification visits
- Contract monitoring
- Fraud
- Primary Care Trusts
- Performance
- Referral guidelines
- General advice
- AGM archives
- LOC meeting archives
- Hospital Eye Services
- Contact us
- Helpful Links

### CET Events

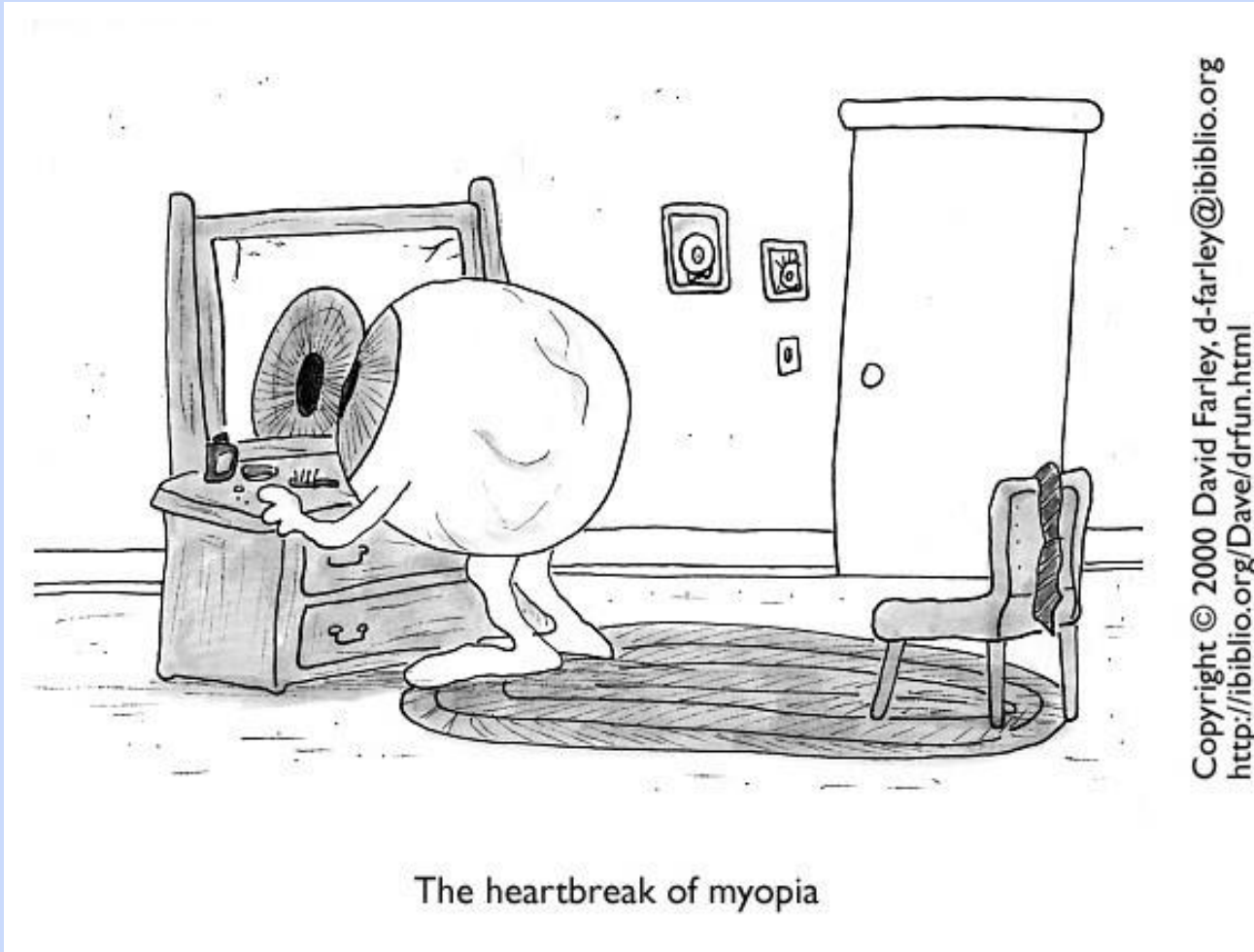
Hampshire LOC is a registered CET provider with CET optics, the CET Scheme managed by Vantage Technologies on behalf of the General Optical Council. We organise several CET events each year that enable optometrists to gain CET points. Recent topics have included Low Vision, Referrals, Update on Ophthalmic Imaging, Wet AMD fast track referral scheme and Glaucoma Update. The Isle of Wight have a separate programme of events [www.iwos.org.uk](http://www.iwos.org.uk)

See **Whats New** for forthcoming CET event dates.

If you have suggestions for future CET topics please contact [Janis Loose](#).

If you missed our Low Vision event, Associated Optical have arranged an event on 24 April 2012. See [www.associatedoptical.com/low\\_vision\\_cet\\_training](http://www.associatedoptical.com/low_vision_cet_training) for further details.

# And thank you for viewing



<http://www.ibiblio.org/Dave/Dr-Fun/collections/eyes/> or at [www.iwos.org.uk](http://www.iwos.org.uk)